

## SYMPOSIUM COMMITTEE

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Dr. Peter Sutton, Symposium Member  
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## PAST CAPCT SYMPOSIA

2008 Doris Brothers, USA  
2006 Anne Alvarez, England  
2006 Shelley Doctors, USA  
2004 Daniel Stern, Switzerland  
2003 Joseph Palombo, USA  
2002 Arietta Slade, USA  
2001 Donna Orange, USA  
2000 Stephen Mitchell, USA  
2000 Peter Blos, USA  
1998 Judith Chused, USA  
1997 George Atwood, USA  
1996 Marian Tolpin, USA  
1995 Joy Osofsky, USA  
1994 Gerald Schamess, USA  
1993 Doris Brothers, USA  
1992 Daniel Stern, Switzerland  
1990 Robert Galatzer-Levy, USA

*This event is generously sponsored in part by:*



CHILD PSYCHOTHERAPY FOUNDATION OF CANADA

## CAPCT

THE **CANADIAN ASSOCIATION OF PSYCHOANALYTIC CHILD THERAPISTS** is a professional organization for mental health professionals who have completed extensive and specialized training in: child and adolescent development and assessment; therapeutic techniques; work with parents; and consultation with teachers and other professionals. In conjunction with its many services, the CAPCT provides members with professional liability insurance, educational and networking opportunities, and works to promote awareness of psychotherapy with children in the mental health field.

416.690.5464 [www.capct.ca](http://www.capct.ca)

## CHILD PSYCHOTHERAPY REFERRAL SERVICE

THE CAPCT offers a referral service linking parents and professionals to qualified child and adolescent psychotherapists. Therapists are members of the CAPCT in private practice and are located in Toronto and surrounding areas. Our service provides referrals for assessments of children and adolescents; psychotherapy for children, adolescents and families; collaboration with families and schools; consultation and psychotherapy for children in care with child protection agencies and other community agencies.

416.690.5464 ext.3 [www.capct.ca](http://www.capct.ca)

## TCPP

THE **TORONTO CHILD PSYCHOANALYTIC PROGRAM** offers a three-year post-graduate training program in psychoanalytically informed child psychotherapy. The program is designed for mental health professionals working with children and adolescents who wish to develop and enhance their theoretical understanding and clinical skills. The curriculum uses problem-based and observational learning models to consider key issues in child development and therapeutic interventions. The training also examines important theoretical and clinical issues in the therapeutic relationship. The next intake year is September 2010.

For further information about the training or for an application package, telephone the TCPP at 416.690.5464 or by email at [suzanne\\_pearen@rogers.com](mailto:suzanne_pearen@rogers.com) [www.tcpp.ca](http://www.tcpp.ca)



29TH ANNUAL DAY IN

CHILD & ADOLESCENT PSYCHOTHERAPY

# Dr. Lenore Terr

## TRAUMA: THE JOURNEY FORWARD

MOMENTS OF CHANGE

WITH

CHILDREN AND ADOLESCENTS

SATURDAY, JUNE 19, 2010

University of Toronto

Health Sciences Building

155 College St., 6<sup>th</sup> Floor

Toronto, ON

Presented by

## CAPCT

CANADIAN ASSOCIATION OF PSYCHOANALYTIC CHILD THERAPISTS

IN ASSOCIATION WITH THE TORONTO CHILD PSYCHOANALYTIC PROGRAM

## ABOUT THE SYMPOSIUM

### Trauma: The Journey Forward

Using the ‘Moments of Change’ paradigm, Dr. Terr will explain how emotional expression: abreaction; creating a perspective on the events: context; and behavioral solutions: correction, help children and adolescents in trauma psychotherapy.

Dr. Terr will explore the specific techniques she uses when working with children and adolescents, including play, playfulness, art, metaphor, and storytelling.

Dr. Terr will illustrate her work with clinical material from the ongoing psychotherapy of a “wild child,” traumatized in infancy, and the case of a young woman raped during her first year away at college.

The film “The Reader” will be used as a medium to discuss untreated trauma. Participants are encouraged to view the movie “The Reader” prior to the conference.

The program will provide ample opportunity for audience discussion.

Dr. Terr will reserve time to sign books.

## ABOUT OUR GUEST SPEAKER

**Lenore Terr, M.D.** Clinical Professor of Psychiatry at the Medical School of the University of California, San Francisco has been studying the psychology of normal and disordered children her entire medical career. As an academic psychiatrist at Case Western Reserve University, Cleveland, Ohio, Dr. Terr published two pioneering studies on “battered children”.

Dr. Terr holds the highest research awards in American psychiatry and was awarded a prize by the American Psychological Association for child advocacy. She is the author of:

**Magical Moments of Change: How Psychotherapy Turns Kids Around (2008)**

**Beyond Love and Work (1999)**

**Unchained Memories (1994)**

**Too Scared to Cry (1992)**

## PROGRAM

- 8:30 Registration & Coffee
- 9:00 Welcome and Introduction  
Dannette Graham, President, CAPCT
- 9:15 Dr. Lenore Terr
- Principles of Child Trauma Psychotherapy
  - Clinical Case Examples
  - Discussion with Audience
- 10:30 Break
- 10:45 Dr. Lenore Terr
- Shared Moments at Various Phases of Childhood Treatment
  - How Do Techniques Change with a Child's Age and Stage?
  - Discussion with Audience
- 12:00 Lunch – on your own
- 1:30 Dr. Lenore Terr
- Untreated Trauma
  - Trauma from a Patient's Point of View
  - Discussion with Audience
- 4:00 Closing Comments

## LEARNING OBJECTIVES

Participants will:

1. Develop an understanding of trauma and its effects.
2. Develop an understanding of how to calculate the level of abreaction necessary for a patient.
3. Develop an ability to achieve new perspective or context with the patient.
4. Develop the ability to work out corrections for old traumas with patients.
5. Evaluate when psychoactive medications may be required.

**MOCOMP Credits:** Applications have been made to accredit this as group learning activity, as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada

## REGISTER ONLINE AT [www.capct.ca](http://www.capct.ca)

Fees	Early	Regular
	By June 1	After June 1
CAPCT Member	\$150.00	\$170.00
Regular	\$170.00	\$190.00
Student *	\$100.00	\$120.00
Group Rate (min 8 registrants)	\$150.00/person	

### Mail registration form and payment to:

Suzanne Pearen, CAPCT Symposium  
17 Saddletree Trail, Brampton, ON, L6X 4M5  
416.690.5464  
email: [suzanne\\_pearen@rogers.com](mailto:suzanne_pearen@rogers.com)

### Registrant Information (please print)

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Professional Affiliation/Degree \_\_\_\_\_

Payment 1) **online** at [www.capct.ca](http://www.capct.ca) or 2) by mail  
**Please make cheque payable to CAPCT.** Receipts will be issued at registration. Confirmation only when email address is provided.

**Refund Policy:** 50% of the registration fee will be refunded if notice of withdrawal is received in writing from registrant **on or before June 5, 2010. No refunds thereafter.**

\* ID proof of student status required.